

CERTIFICATE OF ANALYSIS

Bliss Lifesciences Pvt. Ltd

Hustle Multi for Her | TruPhase™ Multivitamin & Mineral

Serving Size: 2 Capsules

MFG. DATE

May 2026

EXP. DATE

April 2028

BATCH NO.

YHWM-0126

PHYSICAL & CHEMICAL TESTS

Description	Specification	Result
Appearance	Spherical Beadlets	Complies
Solubility in Water	Should be Soluble	Complies
Moisture Content	NMT 5.0%	1.954%

ACTIVE CONTENT PER SERVING ASSAY RESULTS

Description	Specification	Result
Beta Carotene	840 mcg $\pm$ 10%	840 mcg
Biotin (D-Biotin)	40 mcg $\pm$ 10%	40 mcg
Boron (Boron Aspartate)	0.75 mg $\pm$ 10%	0.75 mg
Brahmi Extract (Bacopa monnieri)	150 mg $\pm$ 10%	150 mg
Choline (Choline Bitartrate)	150 mg $\pm$ 10%	150 mg
Chromium (Chromium Picolinate)	35 mcg $\pm$ 10%	35 mcg
Copper (Copper Bisglycinate)	1.7 mg $\pm$ 10%	1.7 mg
CoQ10 (Ubiquinone)	50 mg $\pm$ 10%	50 mg
Iodine (Potassium Iodide)	70 mcg $\pm$ 10%	70 mcg
Iron (Ferrous Bisglycinate)	14.5 mg $\pm$ 10%	14.5 mg
L-Theanine	100 mg $\pm$ 10%	100 mg
Lion's Mane Extract 10:1	250 mg $\pm$ 10%	250 mg
Lutein 10%	10 mg $\pm$ 10%	10 mg
Manganese (Manganese Sulphate)	2.0 mg $\pm$ 10%	2.0 mg
Molybdenum (Sodium Molybdate)	45 mcg $\pm$ 10%	45 mcg
Myo-Inositol	125 mg $\pm$ 10%	125 mg

FUNCTIONAL FOODS | NUTRACEUTICALS | HEALTH SUPPLEMENTS | FOOD INGREDIENTS

BLISS LIFESCIENCES LLP

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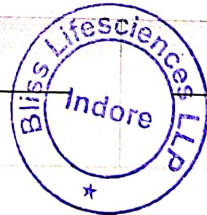


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Description	Specification	Result
Selenium (Selenomethionine)	40 mcg $\pm$ 10%	40 mcg
Taurine	100 mg $\pm$ 10%	100 mg
Vitamin B1 (Thiamine Mononitrate)	1.4 mg $\pm$ 10%	1.4 mg
Vitamin B12 (Methylcobalamin)	2.2 mcg $\pm$ 10%	2.2 mcg
Vitamin B2 (Riboflavin 5-phosphate)	1.9 mg $\pm$ 10%	1.9 mg
Vitamin B3 (Niacinamide)	11 mg $\pm$ 10%	11 mg
Vitamin B5 (Calcium D-pantothenate)	5 mg $\pm$ 10%	5 mg
Vitamin B6 (Pyridoxin 5-phosphate)	1.6 mg $\pm$ 10%	1.6 mg
Vitamin B9 (L-Methyltetrahydrofolate)	220 mcg $\pm$ 10%	220 mcg
Vitamin C (Ascorbic Acid)	65 mg $\pm$ 10%	65 mg
Vitamin D3 (Cholecalciferol)	600 IU $\pm$ 10%	600 IU
Vitamin E (d-alpha Tocopheryl Acetate)	10 mg $\pm$ 10%	10 mg
Vitamin K2 MK-7	27.5 mcg $\pm$ 10%	27.5 mcg
Zeaxanthin	2 mg $\pm$ 10%	2 mg
Zinc (Zinc Bisglycinate)	6.6 mg $\pm$ 10%	6.6 mg

OVERALL RESULT: CONFORMS TO SPECIFICATIONS

AUTHORISATION

 Tested By QC Analyst	 Reviewed By QC Manager	  Approved By QA Head
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